



## 2020 POOL OPENING GUIDELINES

**Planned Pool Opening Date:** Saturday, July 4

*(reserve online starting June 30)*

We have been hard at work reviewing State and CDC guidelines for safely opening outdoor pools and have come up with the following plan for the initial pool opening at Sun Valley. We recognize many of these rules are not ideal or how we are used to enjoying time together at Sun Valley, however ensuring safety and compliance with guidelines is our top priority. In a time when so many of our usual activities are restricted, we hope that despite the restrictions families are able to enjoy the pool in a safely distanced manner. We don't have a perfect solution and we anticipate the rules will evolve over time. As such, this is our starting plan and we will evaluate how it is working and make necessary adjustments as we go. We appreciate your understanding and flexibility. Our hope is that we may be able to relax some of the rules as the summer progresses, however that will depend on several unknown variables that will become clear as we move into summer.

According to the CDC, there is currently no evidence that the virus that causes COVID-19 can be spread to people through the water in pools. However the risk of spread comes from other people you may come into contact with at the pool. Check out these [NY Times](#) and [Boston Globe](#) articles to learn more. To minimize the risk of spread, our opening pool protocols are designed to facilitate pool usage that most closely resembles a private pool, by dividing the pool into eight separate sections and assigning each household to its own exclusive swimming section. This will ensure the required 6 foot distance can be maintained in the pool. Similarly, 20x20 foot seating areas in the grassy area surrounding the pool will be marked and assigned to each household and furniture will be cleaned and disinfected after each use. Separate entrance/exit gates will be designated and walk-ways will be marked with directional arrows to promote proper distancing when moving around pool area.

### Face Coverings and Masks:

- Face masks/coverings **REQUIRED** on Sun Valley Property by all members and staff
  - When entering & exiting grounds, pool area, tennis courts
  - While walking to/from assigned seating area
  - While walking to/from restroom, and inside the bathroom
  - When playing mixed household doubles tennis
- Masks are optional
  - While seated in designated seating area and 6 ft distance can be maintained from non-household members. Please be cognizant of others around you and be respectful so that everyone can feel safe and enjoy their time at Sun Valley.
  - Masks are optional during singles tennis play or doubles with same household members.
- Do NOT wear a mask:
  - When swimming or wading in the pool
  - Masks should not be worn by children under age 2

### Pool Use:

- Members only (no guests)
- Advance timed reservation required for exclusive use of specific pool section and seating area
- Children under age 16 must be accompanied by parent/guardian at all times on Sun Valley grounds (or designated childcare provider, see “Childcare Providers” below)

### Health:

- Members and staff must be in good health in order to visit or work at Sun Valley.
- Members and staff with [symptoms](#) of COVID-19 (for example, fever, cough, or shortness of breath)., a positive test for COVID-19, or who were exposed to someone with COVID-19 within the last 14 days are not permitted at Sun Valley and are encouraged to stay home.
- Members and staff must follow [CDC guidelines for when it is safe to be around others](#) after having (or likely having) COVID-19.
- **Members and staff must self-report to [office@sunvalleyswimclub.com](mailto:office@sunvalleyswimclub.com)** if they have symptoms of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 within the last 14 days. Include your name and best number to reach you so we may collect necessary information to notify local health authorities of COVID-19 cases and to notify staff and members of potential COVID-19 exposures. Confidentiality will be maintained in accordance with the Americans with Disabilities Act (ADA).
- Facilities will be closed immediately upon notice that a person testing positive for COVID-19 was at Sun Valley. According to CDC and state guidelines we must wait 24 hours before cleaning and disinfecting can begin. Facility closures will be communicated via e-mail. Once facilities are appropriately disinfected we will re-open.

### Operating Hours:

- Monday through Saturday 8 am to 8 pm and Sundays 9 am to 8 pm for all members
- Exclusive use for seniors or other high-risk populations available 7 to 8 am Monday through Saturday (may amend days/times this is offered based on interest and usage)

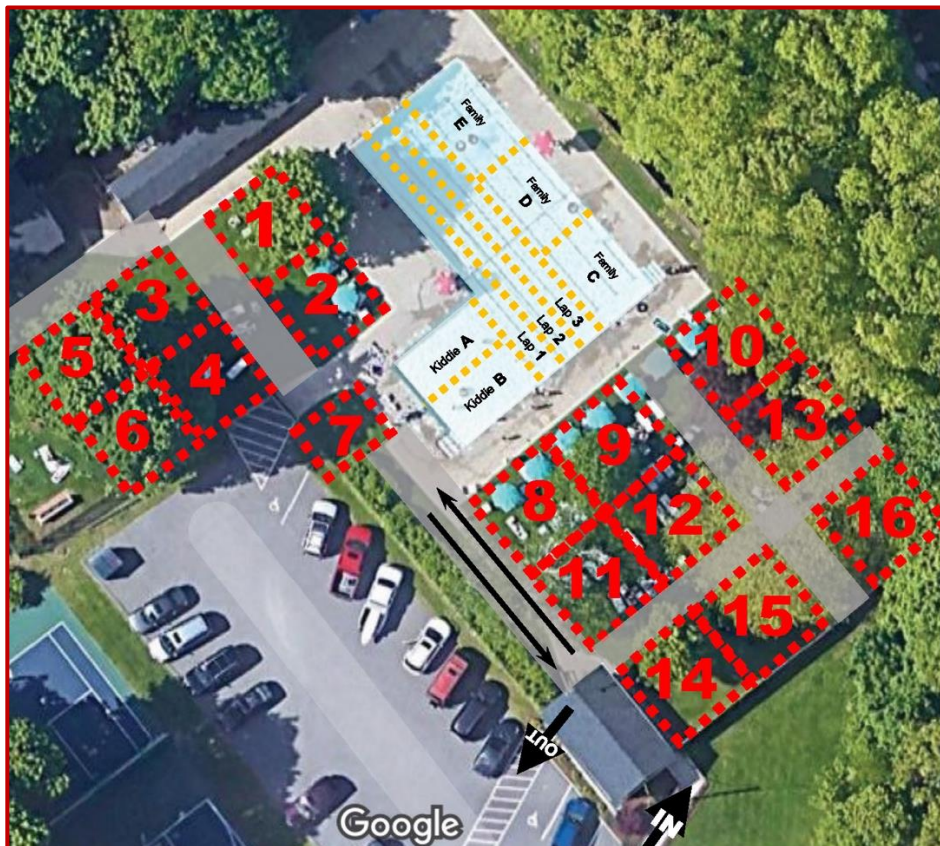
### Reservations/Group Size:

- Each reservation is for a “family unit/household” of persons residing in the same house only.
- Each person coming to the pool must be named on the reservation.
- Each household reservation is limited to no more than eight (8) people.
- Persons who do not reside in your home are not permitted to accompany you on your reservation (exception for a named nanny/babysitter only when supervising minor children).
- Based on membership totals and the number of reservations per day, members should be able to book pool time **at least once** every 4 days. In practicality it may be more often as we know there are times members are away or not using the pool.
- If you are unable to use your reservation please cancel it from your confirmation email with as much notice as possible so we can release the spot to another member.
- No-show reservations will be monitored and repercussions may apply for repeat “no-shows”.

## Reservation Process:

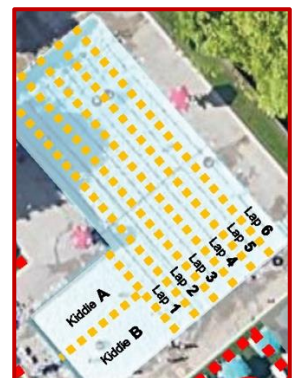
- Reservations will be for a **two (2) hour visit**.
- There will be two reservation types offered:
  - **Swimming:** includes designated area of pool and designated seating area
  - **Non-Swimming:** designated seating only – you may not swim with this reservation type
- Reservations may be made 7 days in advance.
- A max of **two (2) reservations per household** may be on the calendar at any one time.
- Reservations booked 1 hour before start of reservation time are not subject to the max of 2 reservations on the calendar policy.
- Member will be able to choose which area of pool at time of reservation and will select from available pre-marked seating areas upon check-in.
- There will be eight designated pool areas as follows:
  - Kiddie A (graduated depth 1.5 to 3 feet)
  - Kiddie B (graduated depth 1.5 to 3 feet)
  - Family C (4 feet deep, half width of pool)
  - Family D (5 feet deep, half width of pool)
  - Family E (9 feet deep, half width of pool)
  - Lap Lane 1
  - Lap Lane 2
  - Lap Lane 3

*Reservations for Kiddie A and B will have priority for Seating Areas 2, 7 and 8 to best accommodate families with young children.*



## SUN VALLEY POOL AREAS

*We may convert Family C, D, E into Lap Lanes 4, 5, 6 during designated times should there be more interest for lap swimming.*



- Calendar of reservations will be accessible to see when friends will be at Sun Valley.
- Chairs will be cleaned and disinfected between each reservation.
- During low volume times you may be able to register to extend your reservation beyond two hours or include a second zone of the pool if it is not reserved by another household. Please wait until 30 minutes prior to start of open reservation to extend your time or add a pool zone.
- Do not arrive early for your reservation. If you do arrive early, please wait in your car or in the parking lot, being sure to allow proper 6 ft distance between other households.

#### **Arriving and Departing:**

- Separate gates will be used for entering/exiting: enter via ramp, exit via stairs (accommodations will be made for those needing to exit via a ramp).
- You must stop and check-in with the lifeguard upon entering.
- 20x20 ft seating areas will be marked and you will choose from available seating areas 1-16 upon check-in. Do not enter a seating area that has not been assigned to you. No changing seating areas during your visit at the pool.
- Walking paths for entering/exiting, getting to/from pool and bathrooms will be marked with one-way directional arrows and will be wide enough to maintain proper 6 foot distance.

#### **Restrooms / Locker Rooms:**

- **Locker rooms, changing areas, and the indoor showers will be closed in Phase 2.**  
**Please arrive at the pool with bathing suits under clothing.**
- Restrooms will be open. Only one (1) family/household is permitted in each restroom at a time. Please call in to determine if anyone is in restroom before entering. If in use, wait outside the door. The area outside restrooms will be marked with 6 foot distance to facilitate proper spacing while waiting.
- Outdoor shower (not heated) will be open and cleansing rinse is required by each person prior to entering pool. Social distancing must be followed while waiting for the shower and proper spacing will be marked nearby.

#### **Shared Objects:**

- Shared objects such as kickboards, pool noodles, and innertubes are not allowed at this time and will not be provided by Sun Valley.

#### **Items from home:**

- Googles/swim masks are permitted but may not be shared between households and will not be provided by Sun Valley.
- Personal floatation devices (PFD) that are U.S. Coast Guard (USCG) approved are allowed but cannot be shared. Sun Valley will not provide PFDs.
- Sorry, no toys may be brought in. According to state guidelines, no other equipment can be brought from home, such as toys, pool noodles, inflatables, and lounge furniture. However, Americans with Disabilities Act (ADA) approved equipment for personal use is allowed.

#### **Refreshments:**

- The snack bar will remain closed this summer and water fountains are not permitted in Phase 2.
- Please pack water bottles and snacks for your visit. Grill and picnic tables will be closed at this time.
- You may bring coolers to keep drinks/snacks cold. Please limit personal items brought from home.

**Childcare Providers:**

- A nanny or babysitter may accompany minors to Sun Valley in place of the parent.
- Childcare provider must be named on the family's membership.
- Must sign the general and COVID 19 [waivers](#).
- Must be at least 18 years old.

**Swim Tests:**

- The standard Sun Valley swim tests will still be required for all children under age 16
  - 1 length freestyle = 4 foot
  - 2 lengths freestyle = 5 foot
  - 3 lengths freestyle or 2 freestyle + 1 breast = 9 foot
- Children who have not passed swim test may be in main pool when accompanied by parent, no deeper than the parent can stand.
- Please consider booking a lap lane (Family C, D, or E) if you anticipate your child will want to take the swim test or to practice for a swim test. A lap lane is another great option for families with children of varying swimming abilities, as an older child may be jumping in at the 9 foot and younger children can safely stay with a parent in the shallow end.

**Social Distancing:**

- Social distancing of at least 6 feet is required for all members and staff outside of a household group and applies to grassy area round the pool, deck areas, bathrooms, and swimming and wading areas. No one should congregate in the water or on the pool deck. With the exception of walking to outdoor shower/restrooms/pool, you must stay in your designated pool area or seating area. Staff will be monitoring and ensuring proper distance is kept between households.
- A maximum of 80 people (including staff) may be in the pool area at one time (40% capacity).
- One-way signs will be used on walkways and pool deck, as well as visual guidelines for maintaining 6 feet distance in all restroom facilities to support social distancing and control flow of traffic.
- Regular announcements will be made and clear signage will be posted to remind pool staff and patrons to follow social distancing guidelines.
- Pool furniture/chairs will be limited and set up in designated areas with adequate spacing to maintain social distancing. Each seating area will be 20 x 20 and the grass will be marked with spray paint.
- Exceptions to the social distancing guidance include:
  - Anyone rescuing a distressed swimmer, providing first aid, or performing cardiopulmonary resuscitation, with or without an automated external defibrillator.
  - Individuals in the process of evacuating an aquatic venue or entire facility due to an emergency.

**Hygiene:**

- We encourage members and staff to wash hands often and cover coughs and sneezes. It is especially important to wash hands after blowing one's nose, coughing, or sneezing, after using the restroom, before eating, and before and after providing routine care for another person who needs assistance (e.g., a child).
- Bathrooms will be stocked with plenty of soap and water. We have installed touch-free soap and paper towel dispensers in the restrooms. Consider using a paper towel to turn the sink faucet off after washing hands. Trash receptacles are no touch (please use the foot pedal).

- Touch-free hand sanitizer dispensers will be available throughout the Sun Valley grounds and pool area, including near the entrance and exit. Adults should supervise hand sanitizer use by children under the age of six.
- High touch surfaces and restrooms will be cleaned and disinfected many times throughout the day, according to state and CDC guidelines.
- EPA-approved List N disinfectants will be used to disinfect hard surfaces.

**Staffing:**

- 4 staff members will be on site at all times and will rotate among the following duties as follows:
  - 2 actively lifeguarding / watching the pool (one on each side of pool)
  - 1 at check-in desk
  - 1 cleaning and monitoring social distancing / mask use / hygiene etc.

**Programs:**

- Swimming lessons are not permitted at this time.
- Organized activities in the pool, including ball games and swim tournaments are not allowed.
- Private swim coaching is permitted so long as at least 6' distance can be maintained between swimmer and coach/instructor. You must book pool reservation for this and list the swim coach as a participant on your reservation for contact tracing purposes.
- State guidance does not allow swim tournaments, however swim team practice is allowed as long as proper 6 foot distance can be maintained at all times, including while swimming laps. The Sun Valley board strongly supports swim team and our goal is to offer a modified swim team/practice program later in the summer (possibly August). It will likely be for older children entering grade 6 or up to ensure everyone can keep a safe distance. Safety and following state and CDC guidelines is our top priority and will be the first consideration in our decision on if/how/when we can run a modified swim program. Please stay tuned.

Thank you for your cooperation and understanding. Please feel free to reach out with questions. We will evaluate and make changes to the plan and rules as needed. Changes will be communicated via e-mail and posted at the pool.

*Updated June 27, 2020.*