

2021 BASKETBALL RULES

Basketball is characterized as a **Higher Risk** sport because of the likelihood of routine close and/or sustained proximity or deliberate physical contact between participants and a high probability that respiratory particles will be transmitted between participants. Use of courts is at your own risk.

The following rules must be followed:

- By Reservation Only
- MEMBERS ONLY (no guests)
- Children under age 10 must be supervised by parent or guardian at all times
- Sanitize hands before and after playing (sanitizer provided at court)
- Bring your own ball, minimize sharing of equipment or gear
- Proper footwear (sneakers) must be worn at all times (no bare feet or flip flops)
- <u>Stay home</u> if you have tested positive for COVID-19 or are waiting on test results, are ill or showing COVID-19 symptoms, or are subject to quarantine.

Reservation Details:

- Reserve half court for one hour (adjacent side may be booked by another group at same time)
- Unreserved courts or no-shows after 15 minutes of reservation start time may be used by members on a first-come, first-served basis

Masks:

All players strongly encouraged to follow mask guidance from state and CDC

Face-Covering Advisory for Unvaccinated Residents

The Department of Public Health will issue a <u>public health advisory</u> effective May 29 that advises all unvaccinated residents to continue to wear face-coverings in indoor settings and when they can't socially distance.

Prepare for Safe Play:

- Bring your own (labeled) water bottle do not share food/drinks/coolers/utensils
- Do not share towels, clothing or any items used to wipe face or hands
- If wearing a mask, bring extras so you can change it if it gets wet
- CDC does NOT recommend the use of face shields or goggles as a substitute for masks, however they may be used as eye protection in addition to a mask if you like
- Focus on building individual skills, like dribbling, and strength training
- Avoid high fives, handshakes, fist bumps or hugs
- Avoid congregating in the parking lot or around court before/after play
- Cover your coughs and sneezes. Don't spit.
- Wash hands (soap and water for 20 seconds) or use hand sanitizer (60%+ alcohol)
 - Before and after you play
 - Before and after adjusting a mask (proper use, removal, and washing of masks)
 - o After coughing, sneezing, using a tissue, using the restroom