



2021 POOL OPENING GUIDELINES

Planned Pool Opening Date: Tue. May 18 (*reserve online starting May 17*)

We are frequently reviewing updated State and CDC guidelines for safe outdoor pool operation and have come up with the following plan. We recognize many of these rules are not ideal or how we are used to enjoying time together at Sun Valley, however ensuring safety and compliance with guidelines is our top priority. As conditions and guidance change we anticipate the rules will evolve over time. As such, this is our starting plan for the 2021 Season and we will evaluate how it is working and make necessary adjustments as we go. We appreciate your understanding and flexibility. Our hope is that we may be able to relax some of the rules as the summer progresses, however that will depend on several unknown variables that will become clear as we move into summer.

According to the CDC, there is currently no evidence that the virus that causes COVID-19 can be spread to people through the water in pools. However the risk of spread comes from other people you may come into contact with at the pool. To minimize the risk of spread, we have divided the pool into sections to help facilitate social distancing. MA and CDC guidance states to maintain 6 ft distance from others who do not live with you at all times, including in the pool. Similarly, 20x20 foot seating areas in the grassy area surrounding the pool will be marked and assigned to each household and furniture will be cleaned and disinfected at least twice a day. If you wish to clean lawn furniture before use you may request a disinfectant wipe at the check-in desk. Separate entrance/exit gates have been designated and walk-ways are marked with directional arrows to promote proper distancing when moving around pool area.

NEW: According to updated guidance we plan to pilot 2 areas of the pool (Shallow and Deep) that may be shared by 3 households per area. Proper 6 ft distance must be maintained between others who do not reside in your home at all times – including in the pool.

Face Coverings and Masks:

Consistent with [MA Mask Mandate](#) (4/29/21)

- Face masks/coverings **REQUIRED** on Sun Valley Property by all members and staff
 - When entering & exiting pool and tennis courts
 - While walking to/from restroom, and inside the bathroom and any other indoor structures
 - When 6 ft distance cannot be maintained
- Masks are optional
 - While seated in designated seating area and 6 ft distance can be maintained from non-household members. Please be cognizant of others around you and be respectful so that everyone can feel safe and enjoy their time at Sun Valley.
- Do NOT wear a mask:
 - When swimming or wading in the pool
 - Masks should not be worn by children under age 2

Pool Use:

- Members only (no guests)
- Advance timed reservation required for specific pool section and seating area
- Children under age 16 must be accompanied by parent/guardian at all times on Sun Valley grounds (or designated childcare provider, see “Childcare Providers” below)

Health:

- Members and staff must be in good health in order to visit or work at Sun Valley.
- Members and staff with [symptoms](#) of COVID-19 (for example, fever, cough, or shortness of breath).), a positive test for COVID-19, or who were exposed to someone with COVID-19 within the last 14 days are not permitted at Sun Valley and are encouraged to stay home.
- Members and staff must follow [CDC guidelines for when it is safe to be around others](#) after having (or likely having) COVID-19 or being exposed to someone with COVID-19.
- **Members and staff should self-report to office@sunvalleyswimclub.com** if they have symptoms of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 within the last 14 days. Include your name and best number to reach you so we may collect necessary information to notify local health authorities of COVID-19 cases and to notify staff and members of potential COVID-19 exposures. Confidentiality will be maintained in accordance with the Americans with Disabilities Act (ADA).
- Facilities will be closed immediately upon notice that a person testing positive for COVID-19 was at Sun Valley. According to CDC and state guidelines we must wait 24 hours before cleaning and disinfecting can begin. Facility closures will be communicated via e-mail. Once facilities are appropriately disinfected we will re-open.

Operating Hours:

- Hours will vary mid May through mid June
 - Likely weekday afternoons & all day weekends, will include some mornings as feasible
- Beginning mid June pool will be open daily 7 am to 8 pm (9am – 8pm on Wednesdays)
 - 7 – 10 AM: Lap Swim & Kiddie Pool; 10 AM – Close: Free Swim & Lap Swim
 - Swim Team & Group Swim lessons to be held during a 6 week session 6/28 through 8/6
- Entire pool will be blocked for this Tue & Thur 10-12 & Wed 2-4 during the 6 wk session
- In July and August the pool may be kept open until 9pm

Reservations/Group Size:

- Each reservation is for a “family unit/household” of persons residing in the same house only.
- Each person coming to the pool must be named on the reservation.
- Each household reservation is limited to no more than eight (8) people.
- Persons who do not reside in your home are not permitted to accompany you on your reservation (exception for a named nanny/babysitter only when supervising minor children).
- Based on membership totals and the number of reservations per day, members should be able to book pool time **at least twice/week**, possibly more pending schedule flexibility and overall usage.
- If plans change, please cancel or reschedule your reservation with as much notice as possible, using the button in your confirmation email or via the app.
- **No-show reservations will be monitored and reservation privileges may be suspended for a period of time for repeat “no-shows”.**

Reservation Process:

- Reservations will be for a **one (1) or two (2) hour visit**. **(All reservations in May limited to 1 hr each)**
- There will be two reservation types offered:
 - **Swimming:** includes designated area of pool and designated seating area
 - **Non-Swimming:** designated seating only – you may not swim with this reservation type
- Reservations may be made 7 days in advance.
- A max of **FOUR HOURS of pool time per household** may be scheduled on the calendar at any one time. Once you complete a reservation you may book another, up to the limit. Reservations made same day are not subject to the limit.
- Member will choose from one of the following designated areas at time of booking and will select from available pre-marked seating areas upon arrival:

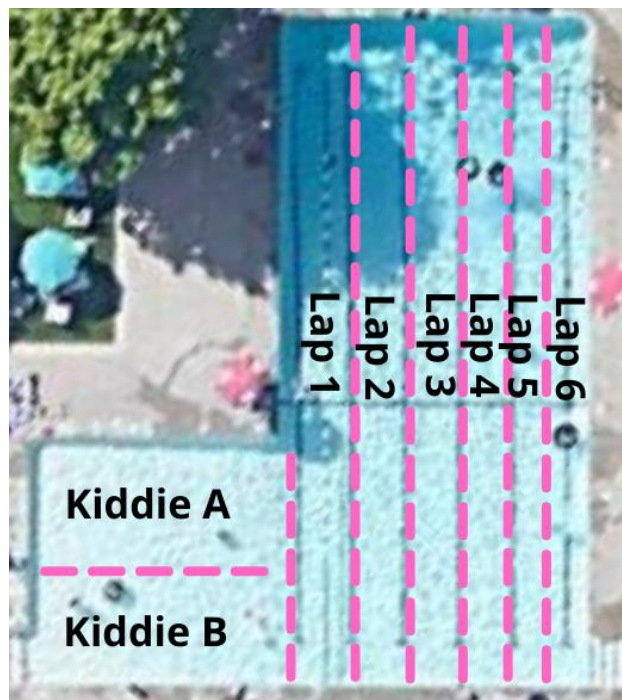
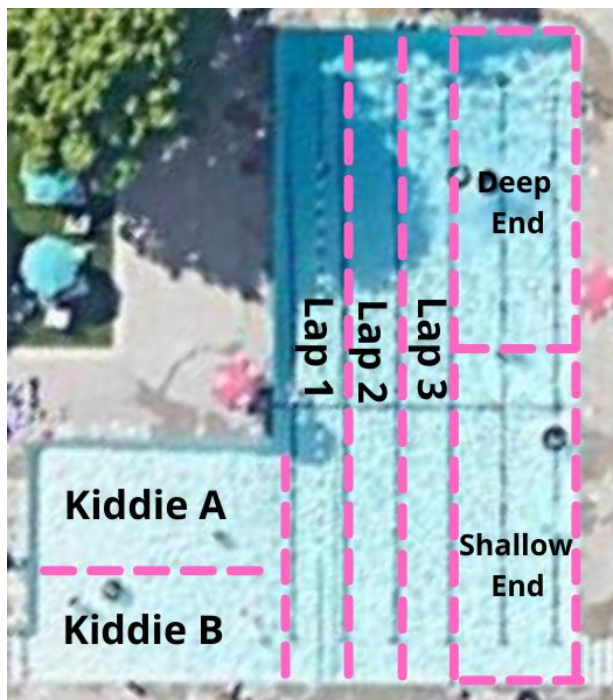
One (1) household per each area – choice of 1 hour or 2 hour reservation

- Kiddie A (graduated depth 1.5 to 3 feet)
- Kiddie B (graduated depth 1.5 to 3 feet)
- Lap Lane 1
- Lap Lane 2
- Lap Lane 3
- Lap Lanes 4-6 (during morning lap swim 7-10 am)

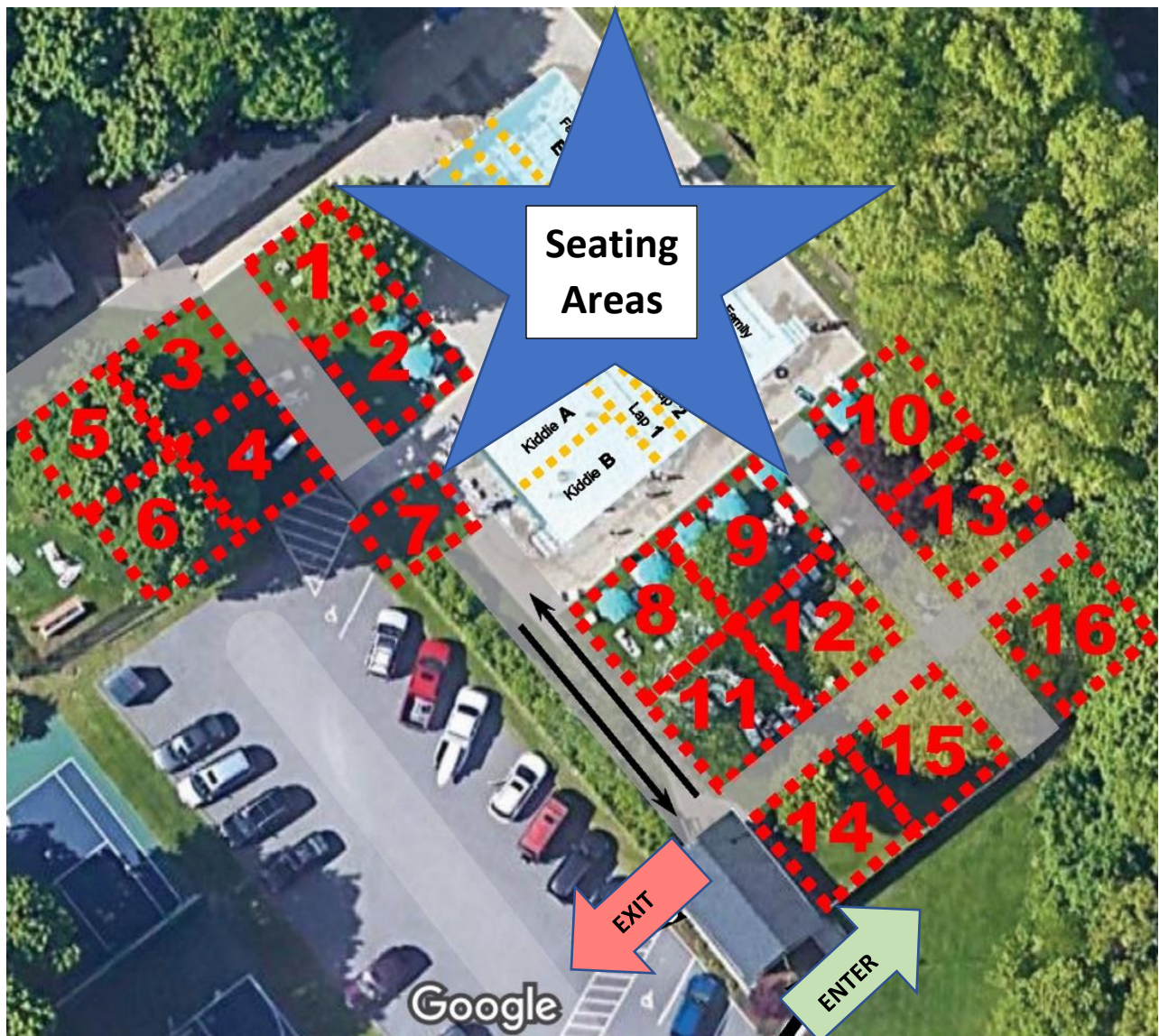
Three (3) households per area – 2 hour reservation

- Shallow End (3-5 feet deep)
- Deep End (5-9 feet deep)

6 ft distance must be maintained between non household members



Reservations for Kiddie A and B will have priority for Seating Areas 2, 7 and 8 to best accommodate families with young children.



- Calendar of reservations will be [posted](#) to see when friends will be at Sun Valley.
- Chairs cleaned & disinfected at least twice per day; members may request disinfectant wipe at check-in
- During low volume times you may be able to register to extend your reservation. Please wait until 30 minutes prior to start of open reservation to extend your time or add a pool zone.
- Do not arrive early for your reservation. If you do arrive early, please wait in your car or in the parking lot, being sure to allow proper 6 ft distance between other households.

Arriving and Departing:

- Separate gates will be used for entering/exiting: enter via ramp, exit via stairs (accommodations will be made for those needing to exit via a ramp).
- You must stop and check-in with the lifeguard upon entering.
- 20x20 ft seating areas will be marked and you will choose from available seating areas 1-16 upon check-in. Do not enter seating areas in use by other members. No changing seating areas during visit.
- Walking paths for entering/exiting, getting to/from pool and bathrooms are marked with one-way directional arrows. Please be mindful of proper distancing when moving around grounds.

Restrooms / Locker Rooms:

- Indoor showers will be closed
- Public Health Guidance recommends limiting time spent indoors or in poorly ventilated areas.
To reduce time spent indoors we suggest arriving at the pool with bathing suits under clothing.
- Restrooms & changing rooms will be open. Only one (1) family/household is permitted in each restroom at a time. Please call in to determine if anyone is in restroom before entering. If in use, wait outside the door. The area outside restrooms will be marked with 6 foot distance to facilitate proper spacing.
- **Outdoor shower (not heated) will be open and cleansing rinse is required by each person prior to entering pool.** Social distancing must be followed while waiting for the shower and proper spacing will be marked nearby.

Shared Objects:

- Sharing objects is not recommended. Sun Valley will not provide innertubes, toys, or balls
- Any equipment used during swim lessons or swim team (i.e. kickboards, dive rings) will be cleaned/disinfected between use

Items from home:

- Googles/swim masks are permitted but may not be shared between households and will not be provided by Sun Valley.
- Personal floatation devices (PFD) that are U.S. Coast Guard (USCG) approved are allowed but cannot be shared. Sun Valley will not provide PFDs.
- Toys, kickboards and noodles are permitted to be brought from home but are not to be shared. Please limit what you bring and be sure to take everything home with you. No personal items will be kept at Sun Valley.
- Inflatables and swimmies are not allowed in the pool.

Refreshments:

- The snack bar and water fountain will remain closed this summer.
- Please pack water bottles and snacks for your visit. Grill will be closed at this time.
- You may bring coolers to keep drinks/snacks cold. Please limit personal items brought from home.
- Picnic Tables will be open. If non-household members are sharing a table you must adhere to at least 6 feet distance between one another.

Childcare Providers:

- A nanny or babysitter may accompany minors to Sun Valley in place of the parent.
- Childcare provider must be named on the family's membership.
- Must sign the general and COVID 19 [waivers](#).
- Must be at least 18 years old.

Swim Tests:

- The standard Sun Valley swim tests will still be required for all children under age 16
 - 1 length freestyle = 4 foot
 - 2 lengths freestyle = 5 foot
 - 3 lengths freestyle or 2 freestyle + 1 breast = 9 foot
- Children who have not passed swim test may be in main pool when accompanied by parent/guardian, in water no deeper than the adult can stand.
- Please consider booking a lap lane if you anticipate your child will want to take the swim test or to practice for a swim test. A lap lane is another great option for families with children of varying swimming abilities, as an older child may be jumping in at the 9 foot and younger children can safely stay with a parent in the shallow end.

Social Distancing:

- Social distancing of at least 6 feet is required for all members and staff outside of a household group and applies to grassy area round the pool, deck areas, bathrooms, and swimming and wading areas. No one should congregate in the water or on the pool deck. With the exception of walking to outdoor shower/restrooms/pool, you must stay in your designated pool area or seating area. Staff will be monitoring and ensuring proper distance is kept between households.
- A maximum of 100 people may be in the pool area at one time (50% capacity).
- One-way signs will be used on walkways and pool deck, as well as visual guidelines for maintaining 6 feet distance to support social distancing and control flow of traffic.
- Limit time spent indoors – one household at a time in each locker room/bathroom
- Regular announcements will be made and clear signage will be posted to remind pool staff and patrons to follow social distancing guidelines.
- Pool furniture/chairs will be set up in designated areas with adequate spacing to maintain social distancing. Each seating area will be 20 x 20 and the grass will be marked with paint/flagging tape.
- Exceptions to the social distancing guidance include:
 - Anyone rescuing a distressed swimmer, providing first aid, or performing cardiopulmonary resuscitation, with or without an automated external defibrillator.
 - Individuals in the process of evacuating an aquatic venue or entire facility due to an emergency.

Hygiene:

- We encourage members and staff to wash hands often and cover coughs and sneezes. It is especially important to wash hands after blowing one's nose, coughing, or sneezing, after using the restroom, before eating, and before and after providing routine care for another person who needs assistance (e.g., a child). It is also recommended to wash hands after touching your mask.
- Bathrooms will be stocked with soap and paper towels. We have installed touch-free soap and paper towel dispensers. Consider using a paper towel to turn the sink faucet off after washing hands. Trash receptacles are no touch (please use the foot pedal).
- Touch-free hand sanitizer dispensers are available throughout the Sun Valley grounds and pool area, including near the entrance and exit and at the tennis and basketball courts. Adults should supervise hand sanitizer use by children under the age of six.
- High touch surfaces and restrooms will be cleaned and disinfected according to state and CDC guidelines.
- EPA-approved List N disinfectants will be used to disinfect hard surfaces.

Staffing:

- 4 staff members will be on site at all times and will rotate among the following duties as follows:
 - 2 actively lifeguarding / watching the pool (one on each side of pool)
 - 1 at check-in desk
 - 1 cleaning and monitoring social distancing / mask use / hygiene etc.

Programs:

- We are pleased to bring back group lessons and swim team in a small group format. Proper protocols consistent with MA and CDC guidance will be followed to prevent the spread of COVID-19.
- Organized activities in the pool, including ball games and swim tournaments are not allowed.
- Private swim lessons and coaching is permitted. Proper 6' distance between swimmer and coach/instructor should be maintained as much as possible. You must book pool reservation for this and list the instructor/swim coach as a participant on your reservation for contact tracing purposes.

Thank you for your cooperation and understanding. Please feel free to reach out with questions. We will evaluate and make changes to the plan and rules as needed. Changes will be communicated via e-mail and posted at the pool.

Updated May 15, 2021